

# contents

## introduction 6

## tools and materials 8

### PART 1: painted floors, walls, ceilings, furniture, and more 12

Paris Grey parquet floor 14  
Painted floor 16  
Painted rug 18  
Staircase 20  
Striped stairs 22  
Painting and waxing a wall 24  
Polished plaster 25  
Washed wood wall 26  
Painting rough walls 28  
Painted panel wall 30  
Ceiling and rafters 34  
Carved oak chest of drawers 36  
Warehouse rustic chest of drawers 38  
Patchwork drawers 42  
Pastel chest of drawers 44  
Arc painted chest of drawers 46  
White wax bureau 49  
Smooth and shiny bureau 52  
Limed oak sideboard 54  
Bookcase with glass doors 56  
Venetian-inspired cupboard 69  
Wax-resist bed 62  
Swedish rustic table 66  
Painted teak table 68  
Faux marble tabletop 70  
Ombre coffee table 74  
Bathroom cabinet 78  
Textured paint cabinet 80  
Washed pine bookcase 82  
Swedish-colored side table 86  
Rustic seaside chairs 88  
Sanded kitchen chairs 90  
Limed look oak chair 94  
Painted fabric chair 97  
Wicker chair 100  
Warehouse leather chair 102  
Garden chair 104  
Garden planter 106  
French workman's shelf 108

Distressed ladder 110  
Distressed mirror 112  
Ironwork lamps 114  
Candelabra 116  
Wall sconce 118  
Painted chandelier 120

### PART 2: paint effects and techniques from handpainting, frottage, gilding, and decoupage, to printing, stenciling, and dyeing 122

Cow parsley chest 124  
Stenciled and hand-painted chest of drawers 128  
Wet paint drawing drawers 132  
Victorian table 136  
Brush-shape patterned console table 138  
Painted glass bowl 141  
Spotted shelves 144  
Frottage wall 146  
Rough and luxurious wall 148  
Crackle-painted hooks 152  
Crackled lamp base 156  
Gilded and painted 1920s glass-fronted cabinet 160  
Gilded mirror 164  
Gilded trumeau mirror 166  
Real gold gilded tray 170  
Gilded wall stencils 172  
Copper leaf bath 174  
Decoupage chest of drawers 178  
Decoupage sideboard 182  
Typographical chest of drawers 184  
Potato-print side table 188  
Tile-effect stencil table 192  
Printed pillow 196  
Printed table runner 200  
Stenciled rug 204  
Swedish painted blind 206  
Alphabet transfer banner 208  
Shibori lampshade 212  
Dyed lace sheer curtain 216  
Dyeing fabric with paint 218

Index 222  
Useful addresses 224